The Truth Book: A Memoir

JOY CASTRO

THE TRUTH BOOK

A Memoir

FOREWORD BY DOROTHY ALLISON

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Adopted as a baby and raised by a devout Jehovah’s Witness family, Joy Castro is constantly reminded to tell the truth no matter what the consequences. Nevertheless, Castro finds this tenet to be the most violated. Here, in her very own Truth Book, Castro bears witness to a childhood lost but a life regained. Castro’s parents divorce after her father is excommunicated for smoking. She is twelve when her mother marries a “brother” in the church who, though exhibiting an impeccable public persona, is violent and controlling at home. For two years, Joy does not grow at all; in fact, she loses sixteen pounds in response to the physical, emotional, psychological, and sexual abuse she suffers at his hands. Her battered mother does nothing to protect her, nor does her church. She is sustained by humor, books, and her protective love for her younger brother until their daring escape. This courageous personal account looks freshly at the disturbing effects of religious hypocrisy and the resilience of the human spirit.

This book was in my opinion a great read, I enjoyed it. It was sad and inspiring. It isn’t about Jeh. witnesses, as a whole, it was how her family lived as jeh.witnesses and the struggles her and her brother overcame. It is about hope and love.

A must read.
I read this book some time ago, but it's a book that has stayed with me. Not only is the story honest, gripping, and important, but the prose is beautiful.

Joy Castro weaves a mesmerizing tale of a childhood fraught with abuse and dysfunction. Yet she does so with a creative structure, beginning at a point where we know she has survived before she delves into the muck of a mother not protecting her children from a menacing step-father and a well-meaning father who falls short in providing for them. Castro's is a brave narrator, revealing the devices she used to protect herself while growing up and as well as acknowledging her inability to protect her younger brother. Many current memoirs appear exploitative, playing with the readers' emotions. This writer's direct and fierce narrative is more powerful by under-stating childhood environments that would have devastated less resilient souls. Read The Truth Book to better understand how to craft a heart-rending story.

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