To The Survivors: One Man's Journey As A Rape Crisis Counselor With True Stories Of Sexual Violence

"I don't care if I don't have sex for the rest of my life. I'm never going to take it from someone." —Danny

TO THE SURVIVORS

ROBERT UTTARO
To the Survivors is about one manâ€™s journey as a rape crisis counselor with true stories of sexual violence shared by survivors in their own words. Gently and beautifully constructed, To the Survivors is moving, tender, sharp, and piercingly true all at once. Readers will encounter uncensored written stories, poems, and interviews from women and men who have experienced rape and sexual assault, plus the advocate-author voice that weaves their experiences together. The survivors are diverse in age, gender, and ethnicity, yet each gives a similarity raw and heartfelt account of his or her victimization and recovery. The authenticity and vulnerability with which survivors speak resonates profoundly. But this book is not just for survivors of sexual violence. Robert Uttaro believes anyone can benefit from the words in these pages, rape survivor or not.

**Book Information**

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**Customer Reviews**

Author Robert Uttaro studied Criminal Justice and what he has done with both his educational background and indomitable spirit in bringing closure and healing to rape victims as discussed in this book makes him a very significant herald of change. He has been working and volunteering as a rape crisis counselor, public speaker and community educator for seven years and he continues to embrace a life-long commitment to activism and advocacy for survivors of sexual violence. Serving as a counselor, Uttaro supports rape survivors and their significant others through various legal and case management issues. He also facilitates workshops aimed at education, prevention and exposure of the realities of sexual violence. Uttaro is currently touring many universities and high schools throughout Massachusetts. The scope of this book is vast and yet personal. In this
volume Uttaro talks to us, his readers, about how he came into the line of counseling to which he has devoted his life, but he does this in the most credible way possible. The book is a series of interviews with sexually abused victims, conversations really, in which Uttaro explores the history of each patient, male and female, who have come to The Healing Place (THP) and are growing away from the indelible scars with which early sexual abuse has marked their psyches. His transcripts of these conversations are well demarcated by having the victims’ words in bold italics and his own responses and questions and guidance in regular font. He names each of his chapters for the person in the interview and the shared moments cross sexual lines - male, female, transgender - multicultural and multigenerational. For example, one man, raped at age 4, does not come to grips with his ‘repressed/forgotten’ incident until he is 55 years old.

Many a reader will most probably find it rather ironical that the author of To the Survivors: One Man’s Journey as a Rape Crisis Counselor with True Stories of Sexual Violence, Robert Uttaro, grew up in a Catholic household. This is especially so when one considers how much sexual molestation has been at the front of the news for several decades now as a sin that has, in the past (and, one fears, even at present, although perhaps to a slightly lesser extent), tended to have been covered up by the Catholic Church when it has been perpetrated within their own ranks. Uttaro states, in this regard: “For the purposes of this book, I will only write about the allegations of priests breaking their vows of celibacy, sexual abuse, and an arrest of one priest.” Reading between the lines, it seems that Uttaro knows a great deal more on this subject than he intends to share, but, then, this is only one aspect of the whole spectrum of rape and survival, and he has a vast field to cover. However, he does offer some insights into the issue of the hushing up of sexual scandal under the banner of Cardinal Law, from the perspective of what he encountered while growing up, albeit it largely based on the accounts of others. Uttaro states that his sole purpose in receiving his initial training as a rape counselor, which he concluded in August of 2007, was to help rape survivors in any way possible, as he felt that his vocation lay in that direction, in short, to counter the evil of rape, which he sees as a very tangible and negative force in this world.

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